



**ST AUSTELL BAY** | PARISH COUNCIL

SERVING OUR COMMUNITY, PRESERVING OUR HERITAGE  
SERVYA AGAN KEMENETH, GWITHA AGAN ERTACH



The **Environment & Climate Crisis** Action **Group**

## New Year Resolutions for 2025

**With 2024 set to be the hottest year on record and in the UK it is set to be one of the wettest on record extreme weather events due to global warming are becoming the norm. Air pollution is increasing and our oceans are drowning in plastic.**

**We can all make a resolution to do our bit, however small, to help.**

**Small acts, when multiplied by millions of people can transform our world.**

- \* Reduce your consumption of “Stuff”; think before you buy.
- \* Have a buy nothing new month.....or longer
- \* Have a meat free day each week
- \* Leave your car at home and once a week walk or cycle or take a bus instead
- \* Try to avoid any single use plastic products
- \* Reject fast fashion ....you can do without it!
- \* Make sure you take a refillable water bottle with you
- \* When food shopping think local, think seasonal, support UK producers
- \* Try to repair before you throw away.

