



The **Environment & Climate Crisis** Action Group

Cut Back Christmas!

From production to packaging, every new item we buy comes with an Environmental price tag. Especially in the festive season too much “stuff” is just thrown away!

This Christmas maybe you could try the following small actions to cut back on excessive consumption. These can have a big impact if we all join in!

- * This year's Christmas card can be next year's gift tag!
- * **Upcycle wrapping paper from comics, magazines, old maps or sheet music, even old books!**
- * Gift an experience such as concert tickets, annual passes, sponsorships, subscriptions or a charity donation
- * **Make your own decorations from pine cones, driftwood or native greenery**
- * **Consider a potted Christmas tree or create one from fresh or salvaged wood materials**
- * **Avoid anything plastic, glittery or shiny!**
- * **Buy seasonal Christmas food from as local a source as possible.**
- * **Have one plant-based meal for a change.**

