



The **Environment & Climate Crisis Action Group**



Cut Back Christmas!



We all want a Christmas that is special, but each Christmas the UK sends over 100 million bags of rubbish to landfill. More than 54 million platefuls of food are wasted, and unwanted presents with a combined value of approximately £42 million are discarded. So here are some tips for a planet friendly (and pocket friendly) Christmas ho ho ho!



* **Do you really need to send all those cards?**

* **Agree a gift limit with friends and family**

* **Gift a sponsorship or make a charity donation**



* **Don't over cater! Plan your meals and use up leftovers**



* **Be creative and make gifts and decorations**

* **Avoid glitter, shiny & cheap plastic stuff - they can't be recycled**



* **Support local producers. Shop local, buy local.**