



The Environment & Climate Crisis Action Group

Small Changes for Big Differences

If we all made small changes these could make big differences

* Only boil what you need in your kettle.

* Buy loose fruit and veg to avoid excess packaging.

* Always have a fabric shopping bag with you.

* Consider second hand options first.

* Unsubscribe from companies offering products you don't need.

* Go for paperless options.

* Use a refillable water bottle and mug.

* Beware of impulse buys. Stop and think before you spend.

* Get to know your thermostat and use it for comfort not excess.

